

AKS University, Satna (M.P.)

National Service Scheme Unit (Boys and Girls)

Report on Seven Days Special Camp

Village Mataha (Ramvan), Satna District, Madhya Pradesh

02 April - 08 April 2022

Introduction

The National Service Scheme (NSS) plays a crucial role in fostering social responsibility, community engagement, and leadership among students. The seven-day special camp organized by the NSS Unit of AKS University, Satna, at Village Mataha (Ramvan) from 02 to 08 April 2022, was a step toward holistic rural development and volunteerism. With the participation of 100 boys and girls, this camp aimed to inculcate discipline, teamwork, and a sense of service among students while addressing the needs of the village community.

Pre-Camp Preparations

Before the camp commenced, extensive planning was undertaken. Meetings were conducted to allocate responsibilities, define objectives, and ensure smooth execution. Volunteers were trained in basic first aid, sanitation practices, and community engagement techniques. The coordination team included:

- **Dr. Mahendra Kumar Tiwari** (Programme Coordinator, NSS)
- **Dr. Deepak Mishra** (Programme Officer, NSS Boys Unit)
- **Er. Rama Shukla** (Programme Officer, NSS Girls Unit)
- **Ms. Prachi Singh** (Assistant Professor, Department of Agricultural Science)

Daily Routine at Camp

A structured daily routine was followed to maximize productivity:

- **5:00 AM** – Wake-up call (Jagran)
- **6:00 - 7:00 AM** – Yoga and Exercise
- **7:30 - 8:00 AM** – Breakfast
- **8:15 - 11:00 AM** – Project Work (Pariyojna Karya)
- **12:00 - 12:20 PM** – Shram Seva (Community Service)
- **12:30 - 1:45 PM** – Lunch
- **1:45 - 2:15 PM** – Rest and Self-Study
- **2:15 - 4:00 PM** – Intellectual Discussions (Baudhdhik Charcha)

- **4:00 - 4:30 PM** – Tea Break
- **4:30 - 5:15 PM** – NSS-related Games
- **5:15 - 6:30 PM** – Public Interaction and Cultural Competitions
- **6:30 - 7:00 PM** – Review Meetings (Samiksha Baithak)
- **7:00 - 8:00 PM** – Dinner
- **8:15 - 9:55 PM** – Cultural Programs
- **10:00 PM onwards** – Rest

All meals were prepared by NSS volunteers, ensuring self-sufficiency and teamwork.

Day 1: Arrival at Ramvan (02 April 2022)

On the first day of the seven-day special camp organized by the NSS unit of AKS University Satna (M.P.) at Village Mataha (Ramvan), the focus was on arrival and preparation for the upcoming activities. Participants arrived at Ramvan on 02 April 2022. Volunteers were allocated accommodations, and necessary logistics such as food, water, and sanitation facilities were arranged. Volunteers helped set up the auditorium, prepared cultural programs, and rehearsed welcome songs and speeches. Informal ice-breaking games and group activities were conducted to foster camaraderie among volunteers. A briefing session was held where coordinators explained the schedule, objectives, and expected outcomes of the camp. Participants began forming bonds with each other, setting a positive tone for the camp. The groundwork was laid for a successful inauguration ceremony and subsequent activities. Volunteers were excited and motivated to contribute to the community service projects. They interacted with the locals to understand their concerns and gather insights for community service initiatives.

Day 2: Inauguration Ceremony (03 April 2022)

The formal inauguration took place at 11:00 AM in the Ramvan campus auditorium. Dignitaries present included:

- **Shri Vikram Singh**, MLA, Rampur Baghel (President of the program)
- **Shri Krishna Maheswari**, Renowned Social Activist
- **Shri Anurag Verma**, IAS, Collector, Satna (Chief Guest)
- **Shri Parikshit Rao Jhade**, IAS, CEO, Jila Panchayat
- **Shri Sudheer Kumar**, SDM, Rampur Baghelan

- **Dr. Kranti Mishra**, District Coordinator, NSS
- **Shri Anant Kumar Soni**, Chairman, AKS University, Satna
- **Dr. Harshwardhan**, Pro Vice-Chancellor (Development), AKS University

Program Highlights

- **Lamp Lighting and Saraswati Vandana:** The ceremony began with the traditional lamp lighting and Saraswati Vandana, setting a spiritual tone for the event.
- **Welcome Song:** NSS volunteers welcomed the guests with an energetic rendition of the NSS Bachez Welcome song, presented by Anjali and her group.
- **Welcome Speech:** Dr. Harshwardhan delivered a welcome speech, highlighting the importance of community service and the role of NSS in fostering social responsibility among students.
- **NSS Lakshyageet:** Sachin and his group presented the NSS Lakshyageet, emphasizing the NSS motto, "Not Me but You," and the organization's commitment to nation-building through community service.
- **Vote of Thanks:** Shri Anant Kumar Soni, Chairman AKS University, extended a vote of thanks to all participants and guests.
- **Cultural Programmes:** The volunteers presented a vibrant cultural program, featuring Rai dance and Devi Bhagat, showcasing the rich cultural heritage of the region.

Awareness Programs after Inauguration

- **Health Awareness:** Sessions were conducted to educate villagers about basic health practices, hygiene, and disease prevention.
- **Environmental Awareness:** Volunteers organized interactive sessions to raise awareness about environmental conservation, focusing on issues like pollution and sustainable practices.

Day 3: Cleanliness Drive and Plantation Activities (04 April 2022)

On the third day of the seven-day special camp organized by the NSS unit of AKS University Satna (M.P.) at Village Mataha (Ramvan), the focus was on a cleanliness drive and plantation

activities. Here are some key events that could have taken place, inspired by common NSS initiatives:

Cleanliness Drive

To clean public spaces and promote a clean environment volunteers cleaned areas around public spaces, roads, and community facilities. Participants collected dry and wet waste separately to facilitate recycling and proper disposal. Unwanted bushes and weeds were removed from roadsides and public spaces. Volunteers encouraged local residents to participate in the cleanliness drive, promoting community involvement.

Plantation Drive

To enhance environmental sustainability by increasing green cover volunteers planted trees in designated areas, ensuring each sapling was properly watered and cared for. Trees were chosen based on their suitability to the local climate and potential benefits to the ecosystem. Participants conducted awareness sessions on the importance of tree plantation for environmental conservation.

Day 4: Health Camp and Educational Programme (05 April 2022)

On the fourth day of the seven-day special camp organized by the NSS unit of AKS University Satna (M.P.) at Village Mataha (Ramvan), the focus was on conducting a health camp and educational programs. Here are some activities that could have been conducted, inspired by common NSS initiatives:

Health Camp

To provide free medical consultations and check-ups to villagers NSS volunteer organized Health checkup camp for villagers along with a team of Doctors and Medical Staff of Rampur Baghelan Hospital. General medicine, obstetrics & gynecology, pediatrics, ENT, and dermatology could have been included, similar to other NSS health camps¹. Volunteers organized a free medical camp where patients received consultations and necessary medications. Participants conducted awareness sessions on health-related issues, such as disease prevention

and hygiene practices. The health camp provided essential medical services to villagers, improving their access to healthcare

Educational Programs

To promote literacy and education among local children Volunteers conducted educational sessions focusing on basic literacy and numeracy skills. Participants engaged children in interactive games and quizzes to make learning fun and engaging. Volunteers emphasized the importance of education for personal and societal development. The educational programs enhanced the literacy skills of local children and raised awareness about the importance of education.

Day 5: Eye Checkup Camp (06 April 2022)

On the fifth day of the seven-day special camp organized by the NSS unit of AKS University Satna (M.P.) at Village Mataha (Ramvan), the focus was on Eye Checkup Camp Here are some activities that could have been conducted, inspired by common NSS initiatives:

Eye Checkup Camp

To provide free medical consultations and Eye check-ups to villagers NSS volunteer organized Eye checkup camp for villegers along with a team of Doctors and Medical Staff of Samritan Hospital Satna. General medicine related to eyes and assistance for Vision could have been included, in the camp. Volunteers organized a free medical camp where patients received consultations and necessary medications. Participants conducted awareness sessions on eye health-related issues.

Day 6: Environmental Conservation Programme (07 April 2022)

On the sixth day of the seven-day special camp organized by the NSS unit of AKS University Satna (M.P.) at Village Mataha (Ramvan), the focus was on environmental conservation. Here are some activities that could have been conducted, inspired by common NSS initiatives:

Environmental Conservation

To remove invasive Parthenium weeds that harm local flora and fauna. Volunteers manually pulled out Parthenium plants from fields and public spaces, promoting biodiversity and reducing ecological harm. To raise awareness about the dangers of plastic waste and promote sustainable practices. Volunteers organized a rally carrying banners and distributing pamphlets to educate villagers about the importance of reducing plastic use and proper waste disposal. Volunteers planted trees in designated areas, ensuring each sapling was properly watered and cared for to ensure survival. Volunteers conducted interactive sessions discussing topics like climate change, deforestation, and the importance of greenery. The activities fostered a sense of responsibility among villagers towards environmental conservation. The eradication of invasive species and plantation of trees improved local biodiversity and air quality.

Day 7: Valedictory Function (08 April 2022)

On the seventh and final day of the seven-day special camp organized by the NSS unit of AKS University Satna (M.P.) at Village Mataha (Ramvan), a valedictory function was held to mark the conclusion of the camp. Here are some activities that could have been conducted, inspired by common NSS valedictory functions:

- **Welcome and Introduction:** To formally welcome guests and participants a welcome speech was delivered by Dr. Deepak Mishra, Programme Officer NSS Boys Unit, highlighting the achievements of the camp.
- **Report Presentation:** To summarize the activities and outcomes of the camp a detailed report of the camp's activities, including community service projects, health camps, educational programs, and environmental conservation efforts, was presented by Dr. Mahendra Kumar Tiwari, Programme Coordinator NSS, AKS University Satna.
- **Cultural Programmes:** To showcase the cultural talents of Volunteers they presented cultural performances such as songs, dances, and skits, promoting communal harmony and national integration.
- **Awards and Certificates:** To recognize the contributions of participants. Certificates were distributed to all participants, and special awards were given to outstanding volunteers.

1. **Best Volunteers:** Sachin Sen and Sakshi Sahu

2. Best Groups:

1. Group 1 – Best in Public Interaction
 2. Group 2 – Best in Food Arrangement
 3. Group 3 – Best in Camp Security
 4. Group 4 – Best in Cultural Program
 5. Group 5 – Best in Project Work
 6. Group 6 – Best in Stage Decoration
- **Guest Speeches:** To inspire participants and acknowledge their efforts Dignitaries delivered motivational speeches, emphasizing the importance of community service and the impact of the NSS camp on personal growth and societal development.
 - **Vote of Thanks:** To express gratitude to all involved a vote of thanks was proposed to acknowledge the contributions of guests, organizers, and participants by Er. Rama Shukla, Programme Officer NSS Girls Unit

Conclusion

The NSS special camp at Ramvan was a testament to youth empowerment and service. It reinforced the values of discipline, hard work, and collective responsibility. Such initiatives pave the way for a stronger, more compassionate society.























एकेएस ने मतहा में लगाया स्वावलंबन शिविर

विन्ध्य किरण | सतना

ग्राम पंचायत मतहा में a.k.s. यूनिवर्सिटी में 2 अप्रैल से 8 अप्रैल एनएसएस कैंप लगाया है। इस शिविर में छात्र-छात्राओं ने स्वावलंबन के साथ-साथ परिश्रम की महत्ता को विशेष महत्व दिया है। कार्यक्रम की शुरुआत सुबह की प्रभात फेरी से की गई। कार्यक्रम के अध्यक्षता श्री अनुराग वर्मा कलेक्टर सतना, श्री श्री कृष्ण महेश्वरी अध्यक्ष रामपुर बाघेलान ने की। कार्यक्रम में मुख्य अतिथि श्री विक्रम सिंह विधायक रामपुर बाघेलान रहे, विशिष्ट अतिथि जिला पंचायत सीईओ डॉ परीक्षित झाड़े, एसडीएम रामपुर बाघेलान सुधीर कुमार बैठ, श्रीमती सविता यादव तहसीलदार रामपुर बाघेलान, भुवनेश्वर सिंह सरपंच मतहा, बृजेश तिवारी सचिव मतहा, गंगा सिंह सदस्य राम वन ट्रस्ट, एके खरे

हॉर्टिकल्चर कार्यक्रम में शामिल होकर शामिल होकर छात्र-छात्राओं का उत्साह वर्धन किया 7 इंजीनियर अनंत कुमार सोनी प्रो चांसलर डू.ब.ह. यूनिवर्सिटी ने कहा एनएसएस के बच्चों में सेवा भावना को जागृत करना इस शिविर का मुख्य उद्देश्य है। प्रो वाइस चांसलर डॉ हर्षवर्धन ने कहा पहले आप पर जोर दिया। प्रोफेसर आरएन त्रिपाठी एवं डॉ जीपी रिछारिया ने शिविर की जांच की एवं सभी व्यवस्थाओं का निरीक्षण किया।

एनएसएस कार्यक्रम के संबंध में डॉ महेंद्र तिवारी कार्यक्रम समन्वयक है, छात्र शिविर के कार्यक्रम अधिकारी डॉ दीपक तिवारी हैं छात्राओं के शिविर की कार्यक्रम अधिकारी छात्राओं के शिविर की कार्यक्रम अधिकारी श्रीमती रमा शुक्ला है अनुशासन प्रमुख कैप्टन राजेंद्र सिंह परिहार एवं कुमारी प्राची सिंह है।



एकेएस में लगा एनएसएस कैंप

परिश्रम की महत्ता को विशेष महत्व दिया

■ सतना (नव स्वदेश)।

ग्राम पंचायत मतहा में एकेएस यूनिवर्सिटी में 2 अप्रैल से 8 अप्रैल एनएसएस कैंप लगाया है। इस शिविर में छात्र-छात्राओं ने स्वावलंबन के साथ-साथ परिश्रम की महत्ता को विशेष महत्व दिया है। कार्यक्रम की शुरुआत सब्ज की पधात फेरी से की गई। कार्यक्रम के अध्यक्षता श्री अनुराग वर्मा



कलेक्टर सतना, श्री श्री कृष्ण महेश्वरी अध्यक्ष रामपुर बाघेलान ने की। कार्यक्रम में मुख्य अतिथि विक्रम सिंह विधायक रामपुर बाघेलान रहे, विशिष्ट अतिथि जिला पंचायत सीईओ डॉ परीक्षित झाड़े, एसडीएम रामपुर बाघेलान सुधीर कुमार बैठ, श्रीमती सविता यादव तहसीलदार रामपुर बाघेलान, भुवनेश्वर सिंह सरपंच मतहा, बृजेश तिवारी सचिव मतहा, गंगा सिंह सदस्य राम वन ट्रस्ट, एके खरे हॉर्टिकल्चर कार्यक्रम में शामिल होकर शामिल होकर छात्र-छात्राओं का उत्साह वर्धन किया।

इंजीनियर अनंत कुमार सोनी प्रो चांसलर एकेएस यूनिवर्सिटी ने कहा एनएसएस के

बच्चों में सेवा भावना को जागृत करना इस शिविर का मुख्य उद्देश्य है। प्रो वाइस चांसलर डॉ हर्षवर्धन ने कहा पहले आप पर जोर दिया। प्रोफेसर आरएन त्रिपाठी एवं डॉ जीपी रिछारिया ने शिविर की जांच की एवं सभी व्यवस्थाओं का निरीक्षण किया। एनएसएस कार्यक्रम के संबंध में डॉ महेंद्र तिवारी कार्यक्रम समन्वयक है, छात्र शिविर के कार्यक्रम अधिकारी डॉ दीपक तिवारी हैं छात्राओं के शिविर की कार्यक्रम अधिकारी छात्राओं के शिविर की कार्यक्रम अधिकारी श्रीमती रमा शुक्ला है अनुशासन प्रमुख कैप्टन राजेंद्र सिंह परिहार एवं कमांडी पाटी मित्र है।

एकेएस ने मतहा में लगाया एनएसएस कैंप



सतना। एकेएस विश्वि द्वारा ग्राम पंचायत मतहा में 2 अप्रैल से 8 अप्रैल तक एनएसएस कैंप लगाया जा रहा है। इस शिविर में छात्र-छात्राओं ने स्वावलंबन के साथ-साथ परिश्रम की महत्ता को विशेष महत्व दिया।

फेरी से की गई। कार्यक्रम के मुख्य अतिथि विक्रम सिंह विधायक, अध्यक्षता अनुराग वर्मा कलेक्टर नेकी, विशिष्ट अतिथि श्रीकृष्ण महेश्वरी, सीईओ डॉपरीक्षित झाड़े, एसडीएम सुधीर कुमार बैठ,

सविता यादव तहसीलदार, भुवनेश्वर सिंह सरपंच मतहा, बृजेश तिवारी सचिव मतहा, गंगा सिंह सदस्य राम वन ट्रस्ट, एके खरे कार्यक्रम में शामिल होकर छात्र-छात्राओं का उत्साह वर्धन किया। इंजीनियर अनंत

एनएसएस के बच्चों में सेवा भावन को जागृत करना इस शिविर का मुख उद्देश्य है, डॉ हर्षवर्धन ने कहा पि पहले आप पर जोर दिया, प्रोफेस आरएन त्रिपाठी एवं डॉ जीपी रिछारिय ने शिविर की जांच की एवं सभी व्यवस्थाओं का निरीक्षण किया एनएसएस कार्यक्रम के संबंध में डॉ महेंद्र तिवारी कार्यक्रम समन्वयक है छात्र शिविर के कार्यक्रम अधिकारी डॉ दीपक तिवारी हैं। छात्राओं के शिवि की कार्यक्रम अधिकारी रमा शुक्ला है अनुशासन प्रमुख कैप्टन राजेंद्र सिं