# AKS University, Satna (M.P.) National Service Scheme Unit (Boys and Girls)

# **Report on Regular Activities**

## Session 2022-2023

## One day Camp in camp

## Date:08/08/2022

Objective:

The main objective of a one-day NSS camp in a village is to engage students in community service and foster a sense of social responsibility. Here are the primary goals:

Community Development: Assist in the overall development of the village by addressing local issues and improving infrastructure.

**Social Awareness**: Raise awareness among villagers about important social issues such as health, education, sanitation, and environmental conservation.

**Skill Development**: Provide villagers with opportunities to learn new skills through workshops and training sessions.

**Health and Hygiene**: Promote health and hygiene practices to improve the well-being of the community.

**Cultural Exchange**: Foster a sense of cultural exchange and understanding between the students and villagers.

A one-day NSS (National Service Scheme) camp in a village can be a fantastic way to contribute to the community and make a positive impact. Here are some ideas for activities you can include in the camp:

**Cleanliness Drive**: Organize a village-wide cleanliness drive to promote hygiene and sanitation.



**Educational Workshops**: Organize workshops for children and adults on various topics like literacy, digital skills, and vocational training.



These activities can help foster a sense of community and encourage villagers to take an active role in improving their surroundings.

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## **NSS Orientation Program**

#### Date:21-09-2022

An NSS (National Service Scheme) Orientation Program is designed to introduce new volunteers to the objectives, activities, and benefits of the NSS. Here are some key components typically included in an NSS Orientation Program:

**Introduction to NSS**: Overview of the National Service Scheme, its history, objectives, and significance.

Volunteer Responsibilities: Explanation of the roles and responsibilities of NSS volunteers.

- 1. **Community Service Activities**: Information about various community service activities and projects that volunteers can participate in.
- 2. **Skill Development**: Workshops and training sessions to develop skills such as leadership, teamwork, and communication.
- 3. Awareness Campaigns: Sessions on important social issues and how volunteers can contribute to raising awareness.
- 4. **Interaction with Alumni**: Opportunities to interact with former NSS volunteers and learn from their experiences.
- 5. **Motivational Talks**: Inspirational talks by guest speakers to motivate and encourage new volunteers.

The orientation program aims to prepare volunteers for their roles and inspire them to actively participate in community service activities.



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## Health Check up Camp

#### Date: 23/09/2022

**Objective:-**Organizing a health check-up camp as part of an NSS activity is a wonderful way to promote health and well-being in the community. Here's a step-by-step guide to help you plan and execute a successful health camp:

**Identify the Needs**: Determine the specific health needs of the community. This could include general health check-ups, dental check-ups, eye camps, etc.

**Collaborate with Healthcare Professionals**: Partner with local doctors, nurses, and healthcare providers who can volunteer their time and expertise.

**Plan the Logistics**: Decide on the date, time, and location for the camp. Ensure you have the necessary equipment and facilities, such as tents, tables, chairs, and medical supplies.

**Raise Awareness**: Promote the health camp in the community through posters, flyers, and announcements. Make sure people are aware of the date, time, and benefits of attending the camp.

**Organize Volunteers**: Assign roles to NSS volunteers, such as registration, crowd management, assisting healthcare professionals, and distributing informational materials.

**Health Education**: Provide educational sessions on important health topics such as hygiene, nutrition, and preventive measures.

**Conduct the Camp**: On the day of the camp, ensure smooth operations and coordination among volunteers and healthcare professionals. Keep records of the health check-ups and follow-ups.

**Feedback and Follow-up**: Collect feedback from participants and volunteers to understand the impact of the camp. Plan follow-up activities or additional camps if needed.

By following these steps, you can ensure that the health check-up camp is well-organized and beneficial for the community.



## **NSS Day Celebration Program**

NSS Day is celebrated to honour the National Service Scheme (NSS) and its contributions to community service and development. The celebration usually includes various activities and programs such as:

Inaugural Ceremony: The event often starts with an inaugural ceremony where dignitaries and NSS volunteers gather to kick off the celebrations.

Speeches and Talks: Inspirational speeches by guest speakers, NSS coordinators, and volunteers highlighting the importance of community service and the achievements of NSS.

Cultural Programs: Performances by students and volunteers, including dances, songs, skits, and other cultural activities that reflect the spirit of NSS.



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## **Blood Donation Camp Report**

Date:04/10/2022

Venue: AKS university

## **Organized by: HDFC Bank**

### Collaborated with: District Hospital, Satna

**Introduction:** The Blood Donation Camp was organized to contribute to the noble cause of saving lives through blood donation. The event aimed to encourage voluntary blood donation and create awareness about the importance of this humanitarian act.

### **Event Highlights:**

- 1. **Inaugural Ceremony:** The event commenced with an inaugural ceremony graced by [Insert Dignitaries/Guests]. They highlighted the importance of blood donation and encouraged participants to contribute selflessly.
- 2. **Donor Registration:** A systematic registration process was set up to manage the flow of donors efficiently. A total of [Insert Number] donors registered for the camp.
- 3. **Health Check-Up:** A medical team conducted preliminary health check-ups to ensure donors were fit to donate blood. The checks included hemoglobin levels, blood pressure, and general health assessment.
- 4. **Blood Collection:** The blood collection process was carried out smoothly by experienced medical professionals. A total of 27 units of blood were collected.



One day camp in Shergunj and AIDS Awareness program AIDS Awareness Program Report Date:01/12/2022 Venue:Shergunj

Organized by:NSS unit ,AKSU

**Introduction:** The AIDS Awareness Program was organized to educate the community about HIV/AIDS, its prevention, and the importance of early detection and treatment. The program aimed to dispel myths, reduce stigma, and promote safe practices.

## **Event Highlights:**

- 1. **Inaugural Ceremony:** The event began with an inaugural ceremony attended by Dr.S.P Gupta. They emphasized the significance of AIDS awareness and the role of the community in combating the epidemic.
- 2. Educational Sessions: Expert speakers conducted informative sessions on various topics, including:
- Understanding HIV/AIDS: Causes, symptoms, and transmission.
- Preventive Measures: Safe sex practices, needle safety, and mother-to-child transmission prevention.
- Importance of Testing: Benefits of early detection and available testing facilities.
- Treatment and Support: Options for HIV treatment and available support services.
- **3. Interactive Workshops:** Participants engaged in interactive workshops that included role-playing, group discussions, and Q&A sessions to address their queries and concerns.
- 4. Awareness Campaigns: Volunteers distributed pamphlets, posters, and informational materials to spread awareness about HIV/AIDS.



One day camp -Youth day celebration

Nasha Mukti abhiyan

Date:12/01/2023

Venue:Shergunj

Organized by:NSS unit ,AKSU

Nasha Mukti Abhiyan, also known as the Drug-Free Campaign, is an initiative aimed at creating awareness about the harmful effects of drug abuse and promoting a drugfree society. Here are some key aspects of the campaign:



- **1.** Awareness Programs: Conducting seminars, workshops, and educational sessions to inform people about the dangers of drug addiction and the importance of staying drug-free.
- **2.** Community Involvement: Engaging community leaders, schools, colleges, and local organizations to participate in the campaign and spread the message.
- **3. Counselling and Rehabilitation**: Providing counselling services and rehabilitation programs for individuals struggling with drug addiction.
- **4. Health Camps**: Organizing health camps to offer medical assistance and support to those affected by drug abuse.
- 5. Pledge and Oath: Encouraging people to take a pledge to stay away from drugs and inspire others to do the same.
- **6.** Collaboration with Authorities: Working with law enforcement agencies to curb the supply and distribution of illegal drugs.